

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Cereal and Breakfast Bar Fresh Fruit Chilled Juice Milk
4 Bagel w/ Cream Cheese Fresh Fruit Chilled Juice Milk	5 Sweet Potato Cinnamon Roll & Cheese Stick Fresh Banana Chilled Juice Milk	6 Whole Grain Muffin & Cheese Stick Assorted Fruit Chilled Juice Milk	7 Sweet Potato Cinnamon Roll & Cheese Stick Fresh Banana Chilled Juice Milk	8 Cereal and Breakfast Bar Fresh Fruit Chilled Juice Milk
11 Bagel w/ Cream Cheese Fresh Fruit Chilled Juice Milk	12 Sweet Potato Cinnamon Roll & Cheese Stick Fresh Banana Chilled Juice Milk	13 Whole Grain Muffin & Cheese Stick Assorted Fruit Chilled Juice Milk	14 Sweet Potato Cinnamon Roll & Cheese Stick Fresh Banana Chilled Juice Milk	15 Cereal and Breakfast Bar Fresh Fruit Chilled Juice Milk
18 Bagel w/ Cream Cheese Fresh Fruit Chilled Juice Milk	19 Sweet Potato Cinnamon Roll & Cheese Stick Fresh Banana Chilled Juice Milk	20 Whole Grain Muffin & Cheese Stick Assorted Fruit Chilled Juice Milk	21 Sweet Potato Cinnamon Roll & Cheese Stick Fresh Banana Chilled Juice Milk	22 Cereal and Breakfast Bar Fresh Fruit Chilled Juice Milk
25 Bagel w/ Cream Cheese Fresh Fruit Chilled Juice Milk	26 Sweet Potato Cinnamon Roll & Cheese Stick Fresh Banana Chilled Juice Milk	27 Whole Grain Muffin & Cheese Stick Assorted Fruit Chilled Juice Milk	28 Sweet Potato Cinnamon Roll & Cheese Stick Fresh Banana Chilled Juice Milk	29 Cereal and Breakfast Bar Fresh Fruit Chilled Juice Milk

March is National Frozen Food Month! Freezing food preserves it from the time it is prepared to the time it is eaten. Since early times, farmers, fishermen, and trappers have preserved their grains, produce, and meats in unheated buildings during the winter season.