

**New Menu Item
Try Out!
Hard Boiled Egg!**

	Tuesday	Wednesday	Thursday	Friday
	WG Muffin & Cheese Stick Fresh Assorted Fruit Chilled 100% Juice Milk	Breakfast Pizza Fresh Assorted Fruit Chilled 100% Juice Milk	WG Cereal & Hard Boiled Egg Fresh Assorted Fruit Chilled 100% Juice Milk	Sweet Potato Cinnamon Roll Fresh Assorted Fruit Chilled 100% Juice Milk
WG Pumpkin Bread Slice & Cheese Stick Fresh Assorted Fruit Chilled 100% Juice Milk	Breakfast Bar & Cheese Stick Fresh Assorted Fruit Chilled 100% Juice Milk	Tornado Sausage, Egg, and Cheese Rolls & Cereal Fresh Assorted Fruit Chilled 100% Juice Milk	WG Cereal & Hard Boiled Egg Fresh Assorted Fruit Chilled 100% Juice Milk	Sweet Potato Cinnamon Roll Fresh Assorted Fruit Chilled 100% Juice Milk
No School Columbus Day!	WG Muffin & Cheese Stick Fresh Assorted Fruit Chilled 100% Juice Milk	Pancake Sausage Stick & Cereal Fresh Assorted Fruit Chilled 100% Juice Milk	WG Cereal & Hard Boiled Egg Fresh Assorted Fruit Chilled 100% Juice Milk	Sweet Potato Cinnamon Roll Fresh Assorted Fruit Chilled 100% Juice Milk
WG Banana Bread Slice & Cheese Stick Fresh Assorted Fruit Chilled 100% Juice Milk	Breakfast Bar & Cheese Stick Fresh Assorted Fruit Chilled 100% Juice Milk	Tac-go Egg & Cheese Breakfast Wrap Fresh Assorted Fruit Chilled 100% Juice Milk	WG Cereal & Hard Boiled Egg Fresh Assorted Fruit Chilled 100% Juice Milk	Sweet Potato Cinnamon Roll Fresh Assorted Fruit Chilled 100% Juice Milk
WG Waffles & Cheese Stick Fresh Assorted Fruit Chilled 100% Juice Milk	WG Muffin & Cheese Stick Fresh Assorted Fruit Chilled 100% Juice Milk	WG French Toast Sticks Fresh Assorted Fruit Chilled 100% Juice Milk	WG Cereal & Hard Boiled Egg Fresh Assorted Fruit Chilled 100% Juice Milk	

We now offer breakfast choices in each hallway for BIC! Students choose what they want and take their breakfast back to the classroom.

Providing breakfast to students is shown to improve concentration, alertness, memory, & learning

All grains provided are whole grain

This institution is an equal opportunity provider

