

**New Menu Item
Try Out!
Hard Boiled Egg!**

	Tuesday	Wednesday	Thursday	Friday
	WG Muffin & Cheese Stick 1 Fresh Assorted Fruit Chilled 100% Juice Milk	Egg & Cheese Sandwich 2 Fresh Assorted Fruit Chilled 100% Juice Milk	WG Cereal & Hard Boiled Egg 3 Fresh Assorted Fruit Chilled 100% Juice Milk	WG Bagel with Sun-butter or Cream Cheese 4 Fresh Assorted Fruit Chilled 100% Juice Milk
WG Pumpkin Bread Slice & Cheese Stick 7 Fresh Assorted Fruit Chilled 100% Juice Milk	Breakfast Bar & Cheese Stick 8 Fresh Assorted Fruit Chilled 100% Juice Milk	Tornado Sausage, Egg, and Cheese Rolls & cereal Fresh Assorted Fruit 9 Chilled 100% Juice Milk	WG Cereal & Hard Boiled Egg 10 Fresh Assorted Fruit Chilled 100% Juice Milk	WG Sweet Potato Cinnamon Roll 11 Fresh Assorted Fruit Chilled 100% Juice Milk
No School Columbus Day! 14	WG Muffin & Cheese Stick 15 Fresh Assorted Fruit Chilled 100% Juice Milk	Pancake Sausage Stick & Cereal 16 Fresh Assorted Fruit Chilled 100% Juice Milk	WG Cereal & Hard Boiled Egg 17 Fresh Assorted Fruit Chilled 100% Juice Milk	WG Bagel with Sun-butter or Cream Cheese 18 Fresh Assorted Fruit Chilled 100% Juice Milk
WG Banana Bread Slice & Cheese Stick 21 Fresh Assorted Fruit Chilled 100% Juice Milk	Breakfast Bar & Cheese Stick 22 Fresh Assorted Fruit Chilled 100% Juice Milk	WG Pancakes 23 Fresh Assorted Fruit Chilled 100% Juice Milk	WG Cereal & Hard Boiled Egg 24 Fresh Assorted Fruit Chilled 100% Juice Milk	WG Sweet Potato Cinnamon Roll 25 Fresh Assorted Fruit Chilled 100% Juice Milk
WG Pumpkin Bread & Cheese Stick 28 Fresh Assorted Fruit Chilled 100% Juice Milk	WG Muffin & Cheese Stick 29 Fresh Assorted Fruit Chilled 100% Juice Milk	WG French Toast Sticks 30 Fresh Assorted Fruit Chilled 100% Juice Milk	WG Cereal & Hard Boiled Egg 31 Fresh Assorted Fruit Chilled 100% Juice Milk	

Providing breakfast to students is shown to improve concentration, alertness, memory, & learning

All grains provided are whole grain

This institution is an equal opportunity provider

