

NOVEMBER 2019



Elementary School Menu

Menus are subject to change

Monday

Tuesday

Wednesday

Thursday

Friday

Umass dietetic intern, Gabby will provide taste tests of legumes prepared in child-appelling recipes, during lunch on Thursdays!

*** Assorted condiments available daily**

Throughout history, November was associated in large parts of the world with the beginning of winter and people would spend the month storing food and preparing their homes to survive the cold season.

4
Chicken Nugget & Mozzarella Stick Combo
Baked Fries
WG Roll
Peas & Carrots
Fresh Fruit

5
No School
Teacher In Service Day

6
Pasta Wednesdays
Chicken Parmesan
Tender with WG Breading over WG Pasta
Served with Steamed Green Beans
Garlic Bread
Fresh Fruit

7
Chef Sam's Smoky BBQ Pulled Pork Chili
Corn Bread
Steamed Broccoli
Assorted Fruit

8
Pizza Fridays!
Pizza of the Day
Fresh Green Salad
Fresh Fruit

UMass dietetic intern Gabby provides taste test at Federal Street!

14
Brunch For Lunch
Scrambled Eggs
Sausage
Whole Grain Pancakes
Hashbrowns
Roasted Chickpeas
Cinnamon Apples
Assorted Fruit
Gabby will be at Newton!

15
Pizza Fridays!
Pizza of the Day
Fresh Green Salad
Fresh Fruit

11
Veteran's Day
No School

12
Turkey Tacos
Lettuce, Tomato, Shredded Cheddar
Salsa
Sour Cream
Black Beans
Assorted Fruit

13
Pasta Wednesdays
Whole Grain Pasta with Marinara and Meatballs
Served with Steamed Broccoli & Garlic Bread
Fresh Fruit

21
Thanksgiving Turkey
Mashed Potatoes
Stuffing
Gravy
WG Dinner Roll
Peas and Carrots
Assorted Fruit
Gabby will be at Four Corners!

22
Pizza Fridays!
Pizza of the Day
Fresh Green Salad
Fresh Fruit

18
Hamburger/
Cheeseburger
With lettuce & Tomato
Baked Golden Fries
Fresh Local Pickles
Fresh Fruit

19
Chicken & Cheese Quesadilla served with corn, salsa, and sour cream
Spanish Chickpea Stew
Assorted Fruit

20
Pasta Wednesdays!
Pasta with Meat Sauce
Over WG Pasta
Served with Steamed Broccoli & Garlic Bread
Fresh Fruit

25
Chicken Patty on a WG Bun
Lettuce & Tomato
Tater Tots
Fresh Fruit

26
Beef Taco Pie
Salsa
Housemade Refried Beans
Sour Cream
Assorted Fruit

27
Half Day
Sun-butter & Jelly
Uncrustables & Cheese Stick
Fresh Veggies
Fresh Fruit

28
Thanksgiving Break
No School

29
Thanksgiving Break
No School

Alternates

Mondays: Bagel & Yogurt, Sunbutter & Jelly Sandwich with yogurt

Tuesdays: Ham Sandwich, Sunbutter & Jelly Sandwich w/ yogurt

Wednesdays: Nachos, Sunbutter & Jelly Sandwich with yogurt

Thursdays: Tuna Sandwich, Sunbutter & Jelly Sandwich w/ yogurt

Fridays: Turkey Sandwich, Sunbutter & Jelly Sandwich w/ yogurt

***All alternates are served with fruits & vegetable choices**

For updated information about payment and meal charging, please see our website at www.gpsk12.org

Four Corners lunch price \$2.75
Reduced Lunch Price \$0.40
Milk (when purchased separately from lunch) \$0.60

Please visit our Facebook Page for Photos and News
[@GreenfieldSchoolLunch](https://www.facebook.com/GreenfieldSchoolLunch)

This institution is an equal opportunity provider

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MySchoolBucks.com