

Monday
Tuesday
Wednesday
Thursday
Friday


WG Pumpkin Bread Slice & Cheese Stick
 Fresh Assorted Fruit
 Chilled 100% Juice
 Milk

4

No School
 In Service Day

5

Egg & Cheese Sandwich
 Fresh Assorted Fruit
 Chilled 100% Juice
 Milk

6

WG Cereal & Hard Boiled Egg
 Fresh Assorted Fruit
 Chilled 100% Juice
 Milk

7

WG Bagel with Sun-butter or Cream Cheese
 Fresh Assorted Fruit
 Chilled 100% Juice
 Milk

1

WG Sweet Potato Cinnamon Roll
 Fresh Assorted Fruit
 Chilled 100% Juice
 Milk

8

No School
 Veteran's Day

11

WG Muffin & Cheese Stick
 Fresh Assorted Fruit
 Chilled 100% Juice
 Milk

12

Pancake Sausage Stick
 Fresh Assorted Fruit
 Chilled 100% Juice
 Milk

13

WG Cereal & Hard Boiled Egg
 Fresh Assorted Fruit
 Chilled 100% Juice
 Milk

14

WG Bagel with Sun-butter or Cream Cheese
 Fresh Assorted Fruit
 Chilled 100% Juice
 Milk

15

WG Banana Bread Slice & Cheese Stick
 Fresh Assorted Fruit
 Chilled 100% Juice
 Milk

18

Breakfast Bar & Cheese Stick
 Fresh Assorted Fruit
 Chilled 100% Juice
 Milk

19

WG French Toast Sticks
 Fresh Assorted Fruit
 Chilled 100% Juice
 Milk

20

WG Cereal & Hard Boiled Egg
 Fresh Assorted Fruit
 Chilled 100% Juice
 Milk

21

WG Sweet Potato Cinnamon Roll
 Fresh Assorted Fruit
 Chilled 100% Juice
 Milk

22

WG Pumpkin Bread Slice & Cheese Stick
 Fresh Assorted Fruit
 Chilled 100% Juice
 Milk

25

WG Muffin & Cheese Stick
 Fresh Assorted Fruit
 Chilled 100% Juice
 Milk

26

WG Pancakes
 Fresh Assorted Fruit
 Chilled 100% Juice
 Milk

27

No School
 Thanksgiving Break

28

No School
 Thanksgiving Break

29

Providing breakfast to students is shown to improve concentration, alertness, memory, & learning

All grains provided are whole grain

This institution is an equal opportunity provider