

Monday
Tuesday
Wednesday
Thursday
Friday


WG Bagel with Sun-butter or Cream Cheese
Fresh Assorted Fruit
Chilled 100% Juice
Milk **1**

WG Pumpkin Bread Slice & Cheese Stick
Fresh Assorted Fruit
Chilled 100% Juice
Milk **4**

No School
In Service Day **5**

Egg & Cheese Sandwich
Fresh Assorted Fruit
Chilled 100% Juice
Milk **6**

WG Cereal & Hard Boiled Egg
Fresh Assorted Fruit
Chilled 100% Juice
Milk **7**

WG Sweet Potato Cinnamon Roll
Fresh Assorted Fruit
Chilled 100% Juice
Milk **8**

No School
Veteran's Day **11**

WG Muffin & Cheese Stick
Fresh Assorted Fruit
Chilled 100% Juice
Milk **12**

Pancake Sausage Stick
Fresh Assorted Fruit
Chilled 100% Juice
Milk **13**

WG Cereal & Hard Boiled Egg
Fresh Assorted Fruit
Chilled 100% Juice
Milk **14**

WG Bagel with Sun-butter or Cream Cheese
Fresh Assorted Fruit
Chilled 100% Juice
Milk **15**

WG Banana Bread Slice & Cheese Stick
Fresh Assorted Fruit
Chilled 100% Juice
Milk **18**

Breakfast Bar & Cheese Stick
Fresh Assorted Fruit
Chilled 100% Juice
Milk **19**

WG French Toast Sticks
Fresh Assorted Fruit
Chilled 100% Juice
Milk **20**

WG Cereal & Hard Boiled Egg
Fresh Assorted Fruit
Chilled 100% Juice
Milk **21**

WG Sweet Potato Cinnamon Roll
Fresh Assorted Fruit
Chilled 100% Juice
Milk **22**

WG Pumpkin Bread Slice & Cheese Stick
Fresh Assorted Fruit
Chilled 100% Juice
Milk **25**

WG Muffin & Cheese Stick
Fresh Assorted Fruit
Chilled 100% Juice
Milk **26**

WG Pancakes
Fresh Assorted Fruit
Chilled 100% Juice
Milk **27**

No School
Thanksgiving Break **28**

No School
Thanksgiving Break **29**

Providing breakfast to students is shown to improve concentration, alertness, memory, & learning

All grains provided are whole grain

This institution is an equal opportunity provider