



The Greenfield High School

Home of the Green Wave

Volume 1, Issue 1

NOVEMBER, 2010



Principal's Note:

With the start of the new school year well underway the students have made a smooth transition into their academic year. We have added exciting new courses in Digital Photography, Art History, Accounting, Financial Planning, Film Making and TV Studio Production. MCAS results have been mailed home for all the eighth, ninth, and eleventh graders. If you did not receive yours please contact the guidance office for a copy (772-1350 ext 106). We continue our collaboration with Greenfield Community College with over twenty juniors and seniors taking classes. We also have GCC's Ed2Go (on-line enrichment classes), this was offered during the summer with great success and will continue during the school year. Thank you for choosing Greenfield High School and please contact me with any concerns or questions. (772-1350 Ext.102)
Donna Woodcock, Principal

ADVANCED PLACEMENT GRANT

We have started the first year of the AP Math and Science grant. One of the goals is to increase the number of students enrolled at our school. Over one hundred students are currently taking AP courses in Calculus, Environmental Science, English Language and Composition, and English Literature and Composition. Twenty-one schools that have been a part of this grant have shown a 96% increase over the last two years in

passing scores-significantly outpacing state and national gains. According to national research, students who pass at least one AP exam are three times more likely to graduate from college than those who do not.

A critical piece of the grant is three Saturday study sessions. Greenfield will provide transportation to each of the sessions not held at GHS. The sessions are six hours and lunch is provided to the students. Please note the dates for the sessions.

English—October 30, January 8, and March 19.

Calculus—November 13, March 26, and April 30.

Science—November 20, March 5, and April 2.

Ms. Durham Khalsa – SPED Reading
Mr. Lucien Koonce – Art (Replaced Ms. Deborah Prondecki who retired)
Ms. Karin Lemon – English (Replaced

Mr. Barry McColgan who retired)
Ms. Kathleen McDonough – Health/PE

(Moved up from the Middle School to replace Mr. Stephen Jakub who retired)

Ms. Jessica Pollock – Librarian (Replaced Ms. Susan Ross who retired)

Ms. Lindsey Victoria – Additional Art Courses

COLLABORATIVE EDUCATION

Students are focused and prepared to have a successful year. The year has begun with our community partner of five years, Pioneer Valley Dakin Humane Society, meeting with us twice a month. We will also go to the Springfield and Leverett facilities to assist with animal care and building maintenance. This partner has been an essential component to the success of the CEG. Two students have stepped into the virtual world and are each taking a math course on-line.

They both are enjoying this style of learning and are doing well. They are hoping to add another course soon.

This option for students adds another dimension to improving student achievement.

Our dual-enrollment option with GCC continues to provide the opportunity for students to take a college course while acquiring high school credit.

This has been a good way for students to recover credit and gain the confidence they need in and out of school. Plans are in place to have mentors assist in the program; providing academic assistance, group activities, and offering friendly, adult support to students during the school day. We are looking forward to this developing and growing with the program.

Elaine Mount, Program Coordinator

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NEW STAFF MEMBERS

Ms. Rebecca Brown – Teacher of the Deaf

Ms. Tracy Creek – History (Replaced Ms. Gail Steinbring who died 7/2010)

Ms. Amy Howe – Business Courses

Mr. Drew Hutchinson – TV Studio, and Film Production

JOHN & ABIGAIL ADAMS SCHOLARSHIP WINNERS

Massachusetts public school students are eligible for the scholarship when they score at the *Advanced* and *Proficient* levels on grade 10 MCAS tests in English Language Arts (ELA) and Mathematics. (A student must earn a score of *Advanced* on the ELA or Mathematics test and a score of *Proficient* or higher on the second test; AND have a combined score that places them in the top 25% of the graduating class in their district. Eligibility for the scholarship is based on a student's first attempt at taking the grade 10 tests in ELA and Mathematics. In order to receive the scholarship, students must be enrolled in a Massachusetts public high school in their senior year and will receive an award letter in the fall of their senior year. The scholarship can only be used for attendance at a Massachusetts school of higher learning. Our winners are: Colin Benedict, Hillary Bidwell, Pavel Divorenko, Sarah Duprey, Hannah Gaimari, Erika Grover, Jeffrey Hallowell, Michelle Jackson, Caitlyn Larvey, Lauren Lynde, Leah Martin, Garrett McHugh, Aidan McManus, Johanna Murphy, Crystal-Ann Payant, Nina Pirozhkov, Alex Richardson, Julia Roy, Vladimir Sinigur, Rebecca Spradley, Joshua Yerka, and Samantha Zdanowicz.

YEARBOOK

Yearbooks are now on sale. Look for the flyer in the mail or order yours at school from a yearbook club member. This year we have lowered the price in conjunction with Jostens to try to get the book in more students' hands. The price is just \$60 for the first 2 months of ordering! There is also a new option: for \$15 more, you can personalize your book with 4 pages you make yourself. These pages only appear in your book and can make it especially personal. The yearbook club has been meeting on Tuesday evenings at 6pm in the computer lab here at GHS. We are now working on the senior section, fall sports and clubs. We are always welcoming new staff so come check it out!

CLASS OF 2011

The class of 2011 is wrapping up the first quarter. The most important item on the agenda is class dues. Class dues pay for a majority of the senior year activities. Graduation costs, prom expenses and class trip are included in this fee. Any student that is a senior is responsible for the \$210.00 fee regardless of the length of time spent at Greenfield High School. If a student does not wish to participate in one of the events, each of the three major functions is \$80.00. All dues are to be given to Mr. Reed in room 101. Do not leave money in the office or give funds to any student. Dues will go up in price at the end of the semester. Dues can also be paid in increments.

IMPORTANT DATES- Mark your Calendar Of Events:

Senior Prom-May 24th. **Class Day**- June 1, 12:45 P.M. **Class Night Awards/Buffer Dinner**- June 2nd. 5:30 & 7 P.M. **Senior Class Trip**-High Meadows, CT, Friday, June 3rd. **Graduation**-Greenfield Community College, Sunday, June 5th - 4:15 p.m.

2011 CLASS OFFICERS

President- Sarah Cook

Vice President- Autumn Tidlund

Secretary- Meaghan Andrews

Treasurer- Olivia Hickey

Class Representative-
Garrett McHugh

Anyone with questions should see Mr. Reed or call him at 772-1350, or email at adareel@gpsk12.org

CLASS OF 2014:

Mrs. Cloutier and Mr. Williams are the new Class Advisers for the freshmen class. One of our main goals is to start raising money for the prom and other senior activities. We are now accepting payments for class dues. Dues are \$50 per year for a total of \$200 paid by the senior year. Please send in a check written out to the Class of 2014 and put the name of the student and class dues in the memo line. When dues are paid in full, all senior activities are free. The class will be selling Hillside Pizza soon as our first fundraiser. We are also looking forward to getting the class involved with Spirit Week coming in November. Please, show

your school spirit and come get involved!

ATHLETIC NEWS

Thank you very much to the **Greenfield Educational Foundation** for their donation of 50 boys warm ups and 50 girls warm ups. This fall our boys and girls soccer teams and girl's volleyball team wore them. Our teams looked quite sharp getting off the bus showing their Green Wave pride! In the spring our boys and girls track teams will wear them. Thank you again!

The **7th Annual Carl "Ump" Nichols** golf classic was held **Oct 9th** at the Greenfield Country Club. 14 foursomes competed for the title. Wes Cady's group won with a 60. Over \$1000 was raised which will be going towards video equipment for use by all the sports teams. **Thanksgiving Day** football is right around the corner! The game is home this year and will start at 10:30 am. on **Thursday, November 25th**. Get your tickets at the high school. Thank you to everyone that supports our sports teams! **GO GREEN WAVE!!**

SCHOOL NURSE'S NOTES

ENERGY DRINKS: A NEW HEALTH HAZARD FOR ADOLESCENTS

According to the National Association of School Nurses a new hazard for adolescents is the negative health effects of energy drink consumption. Adolescents are consuming these drinks at an alarming amount and rate. Specific effects that have been reported by adolescents include jitteriness, nervousness, dizziness, the inability to focus, difficulty concentrating, gastrointestinal upset and insomnia. Health care providers report that they have seen the following effects from the consumption of energy drinks: dehydration, accelerated heart rates, anxiety, seizures, acute mania and even strokes! Energy drinks were first introduced to the market in 1987 and since then their growth worldwide has been enormous. These stimulant drinks typically contain caffeine, gaurana, taurine,

glucuronolactone, sucrose, flavorings, other herbal supplements, coloring and B vitamins. These ingredients provide a short-term energy boost and do not constitute suitable sources of rehydration or restoration of electrolytes. Hundreds of brands are now marketed with the caffeine content ranging from 50mg to over 500mg per can or bottle. The USFDA recommends that drinks contain no more than 65mg of caffeine per 12 ounces. Energy drinks are not required to have labeling that discloses the amount of caffeine because they are marketed as dietary supplements rather than beverages. Please take this evidence and educate your child about alternative ways to increase energy levels through good nutrition, adequate rest and regular physical activity.

CONCUSSIONS - What should you do if you think your teenage athlete has a concussion?

--Seek medical attention right away. A health care professional will be able to decide how serious the concussion is and when it is safe for your child to return to sports.

--Keep your teen out of play. Concussions take time to heal. Don't let your teen return to play until a health care professional says it's OK. Athletes who return to play too soon, while the brain is still healing, risk a greater chance of having a second concussion.

--Tell all of your teen's coaches about any recent concussion. Your child's coaches may not know about a concussion your child received in another sport or activity unless you tell them.

--Remind your child of the following: **IT'S BETTER TO MISS ONE GAME THAN THE WHOLE SEASON!**

FRENCH CLUB

The GHS Club Français has a whopping 45 people on its roster this year! We welcome all the new members in the 8th and 9th grades. We have conducted 2 successful fundraisers (a car wash and a bulb sale), and are planning outings and get-togethers for the fall: a fondue party on November 1st and a field trip

to Amherst to try the new crêpe restaurant (and hopefully see a movie) November. The fall Coffeehouse takes place on December 1 on the GHS auditorium stage.

Eleven students are registered for a trip to Paris, Brittany, and Normandy in April, 2012. These travelers are looking for odd jobs to raise money for their trip: babysitting, dog walking, leaf raking, snow shoveling, vacuuming, etc. If you have a job and need a hard-working student, please contact Madame Grogan at tamgrol@gpsk12.org or 774-7679. Be prepared to have a reference handy.

Spanish Club: The Spanish Club is taking a trip to Boston in November to see the Hispanic Flamenco Dancers. We will then eat in an authentic Mexican restaurant. We are planning an evening of cooking, eating and speaking Spanish this month as well.

Tara Cloutier - Advisor

GUIDANCE NEWS

The 2010/2011 school year at GHS is off to a great start! Please encourage your son or daughter to join the clubs, sports and other activities here at GHS. Research has shown that involvement in school activities improves student academic performance, increases self-confidence, and positive feelings about school. Freshmen are reminded to try to get off to a strong start academically at the beginning of the year so that they have a solid base grade point average to grow from.

At the beginning of October, all sophomores and many juniors took the PSAT/NMSQT. This test is a practice for the SAT as well as a National Merit Scholarship Qualifying test for juniors. By taking this test, students may qualify to enter competitions for prestigious scholarships and participate in recognition programs.

Seniors are busy finalizing their post-graduation plans with one-on-one meetings with their guidance counselors. Please remember seniors to allow several weeks for the teachers to write your letters of recommendations. If you have not

sat for the SAT yet, or would like to take it again, the next date the test will be given is December 4th. The deadline to register for the test is November 5th (with a late registration deadline of November 19th). Sign up at collegeboard.com

PAY ATTENTION TO DEADLINES!!

Finally, the Guidance Department with host a **MEFA College Financing Night** for seniors and their parents on Wednesday, November 17th, at 6:00 p.m. in the library. See you there!

The Guidance Office phone numbers are 772-1350 Ext.106 or 772-1356.

LIBRARY



My name is Jessica Pollock, and I am the new librarian at GHS. Some of you may know me from my time at the Greenfield Public Library where I had the privilege to get to know many people from the area. In 2009 I received my master's degree from the Simmons College Graduate School of Library and Information Science, which provided me with a certification to work in school libraries. Coming to the GHS Library has been an amazing opportunity for me. I am excited to be working with teens, and I enjoy teaching students how to find, interpret, and use information. The new challenges of being a school librarian keep my day-to-day work interesting. I love not knowing when a student will need a book recommendation or when a teacher will want to bring in a class for a research project. The GHS community has given me a warm welcome, which I appreciate immensely. I enjoyed meeting some of you at the beginning of school and look forward to meeting more students' families in the coming months. Please visit the library any time to look around and talk to me

about how the library is helping your students learn.

MUSIC DEPARTMENT

As always, things have been quite busy here at the Greenfield High School Music Department. We started off the year with an excellent band camp. The Marching Band rehearsed at GHS from 8am to 3:30pm from August 23rd through 27th (their last week of summer vacation). On September 9th, the Marching Band won first place in the Franklin County Fair Parade. Jazz Band had their first rehearsal after school on Wednesday, September 15th and Select Choir held tryouts on Tuesday, September 21st. The Marching Band performed at the Big E on Friday, September 24th for a crowd of thousands. They were very well received. The Marching Band also performed at the annual Coronation on Wednesday, September 29th. Their first home football game had very heavy rain, which prohibited the marching band from performing their regular halftime show. A percussion contingent was sent to the game and performed until the weather became too rainy to perform. The Marching Band is preparing for halftime shows on Saturday, October 8th and 29th. The Music Parents Concert is scheduled for Thursday, October 14th. All parents/guardians of music department members are strongly urged to attend this short but informative concert. The concert will feature the Concert Chorus, Select Choir, Marching Band, and Jazz Band in short performances to be held in the GHS Cafeteria at 7pm. Refreshments will follow the concert. Vital information will be given at this concert for all who have members in the music department this year. The Marching Band will perform at the annual Rag Shag Parade on Friday, September 29th and at UMass Band Day on Saturday, November 6th. This is a spectacular event, involving over 3,000 instrumentalists from across the eastern half of the United States. All these high school musicians and UMass Marching Band will perform at the same time during the halftime festivities. The Marching Band will

also perform in the Veteran's Day Parade on Thursday, November 11th and at halftime for the GHS football game on Friday, November 12th. The Chorus classes are currently working towards preparing students for All-Districts auditions, which are on Saturday, November 13th at Westfield State College. The Select Choir will perform at National Adoption Day in Hadley, MA on Friday, November 19th. One Thursday, November 25th GHS will host Turners Falls in the annual Thanksgiving Day football game.



STUDENT COUNCIL NEWS

The Student Council hosted its annual fall blood drive. There will be another one on Friday, [April 15th](#). They are open to the public. On Tuesday, [November 2](#), students traveled to Westfield High School where they attended the WMASC fall conference. Students attended workshops run by their peers, heard a motivational speaker and meet many new friends. Greenfield was also able to run a workshop and share their experience of working with the group Invisible Children and collecting books to send to Uganda. Spirit Week is coming and as usual the classes will be competing in penny wars and class skits. The Student Council sponsored a BLOOD DRIVE on Friday, Oct. 22nd. There were 44 donors and the blood collected will help to save the lives of up to 132 patients. Student Council meets every other [Monday](#) from 6-7 p.m. in Rm. 118. New members are always welcome. If you have any questions, please contact Angela Mass at angmas1@gpsk12.org

TV & FILM PRODUCTION

The TV studio at Greenfield High School is being utilized to teach students both TV and film production. We are still waiting for a couple components to be installed before we are able to stream programming throughout the school and are concentrating at this time on developing editing skills and project development. Garry Longe of GCC and Scott MacPherson of GCTV have provided their expertise in building the studio and their efforts are greatly appreciated. Both classes rely on the students to create content while Mr. Hutchison provides guidance and training. His own background is in producing television programs. He wants each of his students to think of themselves as producers. Producers find a way to get the job done. The easiest way is through teamwork, and he encourages the students to work with each other as much as possible. He is also highly encouraged by the great work already being done at GMS. The foundation being built [today](#) will benefit future classes and enrich the cultural fabric of our community.

Drew Hutchinson, Instructor



FOOD PREPARATION CLASSES

The smell and quality of the air, Halloween, Green Wave football and, of course, comfort food combines to make fall my favorite time of the year. Try this recipe and feel...comforted.

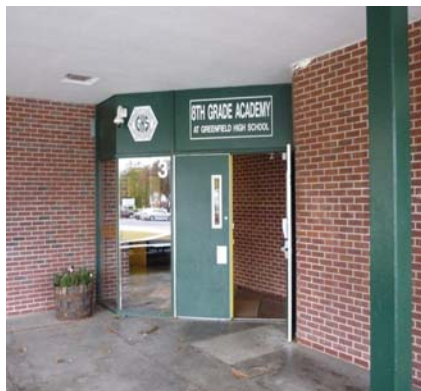
Quick Potatoes Au Gratin

- 2 large potatoes
- 1 teaspoon salt
- 3 Tablespoons flour
- 2 Tablespoons oil or butter
- ¾ cup water
- 6 slices American cheese
- 1 ½ cups milk
- ½ teaspoon salt
- Dash of pepper
- ¼ cup parmesan cheese

DIRECTIONS

1. Wash potatoes, cut into ¼ inch slices.
2. Place potatoes and 1 tsp. of salt in a pot and fill with just enough cold water to cover potatoes. Put a lid on the pot and turn on high heat until water boils. Remove lid and boil for @ 8 minutes or until potatoes are soft. Drain.
3. In a saute pan, combine flour and oil and cook over low heat for 2 to 3 minutes.
4. Add milk, water and salt and mix vigorously until smooth with a wire whisk. Bring to a simmer for 5 minutes. Then turn off burner.
5. Add cheese. Stir until cheese melts.
6. Add the potatoes to the sauce and leave on low heat for @ 3 minutes.
7. Test for flavor and season with salt and pepper if needed.
8. Transfer potatoes to a casserole dish and sprinkle liberally with parmesan cheese.
9. Place in the oven (set on HI broil) for 4 to 6 minutes or until the top is browned.

Jeff Sadlowski, Instructor



GRADE 8 ENGLISH

Students are writing memoirs, fiction, and poetry based on their own life experiences. Students are developing their awareness of their strengths and weaknesses as readers and are choosing books to help themselves grow.— Amy-Louise Pfeffer, Instructor

GRADE 8 MATH

Math skills are a priority in the 8th Grade this year. Every student is aware of the math skills an 8th grader should have developed in their academic career. A beginning of year diagnostic gave students a good picture of their skills and their weak areas. Targeted practice is the road to proficiency and to success in school and life. – Wade Lavigne, Instructor

GRADE 8 SCIENCE

We have had some out of this world experiences in science! We are enjoying our new astronomy computer software to travel around the galaxy and watch different sky events. Phases of the moon, eclipses, tides, and the reasons for the seasons have been topics of study. This is an amazing group of students to teach and I am enjoying every moment of it!

Angela Ruggeri, Instructor

GRADE 8 SOCIAL STUDIES

In Social Studies classes, we are studying the Byzantine Empire, and learning of it's importance in carrying on Roman learning, architecture and law. Soon we will get very Medieval, and plunge into the Middle Ages. – John Cassidy, Instructor

BUSINESS CONNECTIONS

WITH GREENFIELD HIGH

SCHOOL

TARGET

GHS received donations from Target in the September *Take Charge of Education* payout. This payout is a direct result of the parents, teachers and school supporters who participate in the program which has earned GHS many extra dollars in the past few years. This money is used to partially fund some of the co-curricular programs at Greenfield High School, especially the Science Fair.

If you have a RED card (a Target Visa Credit Card, a Target Credit Card or a Target Debit Card), Target donates up to 1% of every purchase to Greenfield High School. So, if you are a regular Target shopper and use one of these cards, please stop by the customer service desk and register to participate. There is no extra expense for you.



STOP AND SHOP

Greenfield High School will have the opportunity to earn cash through Stop & Shop's A+ Bonus Bucks Program. Here's what you need to do:

Stop at the Customer Service Desk to tie your Stop and Shop card (that you use for discounts) to Greenfield High School. The School ID number for Greenfield High School is: **#05186**

OR

Log on www.stopandshop.com/aplus to register online.

OR

Dial 1-877-366-2668 to register your card over the phone.

After you register your card, each shopping trip at a participating Stop & Shop store using your Stop& Shop Card earns CASH for our school! You still get your discounts, too! Each month the amount of CASH awarded will be updated on the Stop & Shop website. GHS will receive a check at the end of the program. Last year we received over \$400, but we know we can do much better! Don't forget to tell your friends and relatives about this!

GREENFIELD HIGH SCHOOL

ALUMNI ASSOCIATION

Over the past 10 years that the GHS Alumni Association has been in existence, we have given over **\$40,000** to the high school from monies raised through donations and memberships. This money was used to buy English and Science Dept. Textbooks, Library Books and Furniture, Sustainable Energy Tools and curriculum materials, Art Supplies, Scientific Calculators, six

laptop computers, various printer cartridges, Weightlifting Room Equipment, Misc. Athletic Equipment and Supplies, and contributed to the purchase and building of the Softball Scoreboard at Vet's Field. We also pay for the supplies for the Wall of Honor.

The high school is presently in the running for funds from the State to refurbish the inside of the high school building. It has always been our dream to have an all-weather track behind the building for the use of the public as well as the high school teams. Money for the track cannot be part of the state funds but we could partner with the town and other groups to show support for financing this project. The GHSAA has a bank account that contains \$30,000 earmarked for this project. We would like to see this account grow.

All GHS Graduates are welcome to attend our monthly meetings which are held at GHS on the third Thursday of the Month. We are in need of additional members for the Board of Directors. If you are interested, please attend a meeting or contact Betty Nee at GHS.

If you would like to **join** the GHSAA, membership dues are \$20 annually from November to November. Five-Year Membership is \$80, Ten-Year Membership is \$150 and Lifetime Membership is \$200. The above memberships are discounted 50% for senior citizens (60+) and graduates attending schools of high learning. Call Betty at 413-772-1350 Ext. 111 for a membership form. Donations are always welcome and can also be counted toward your membership.

GHSAA Wall of Honor



The next time you are in the high school check out the 43 pictures of graduates that are hanging in the corridor between the Main Office and the Library. They are:

- John Bednarski 1945
Architect/Designer of present GHS
- Robert Bitzer 1945
Post Office worker for 44 yrs.
- George Jonelunas 1945
GHS Math Teacher-Retired
- Richard E. Faust 1945
Pharmaceutical/Chemistry positions
- John P. Nee, Sr. 1949
Elem. School Custodian-Deceased
- Betty Manners 1951
Community Service, EMT and Nurse's
Office at FCTS-Retired.
- Betty (Spencer) Nee 1952
HS Principal's Secretary-Retired
- Full-time Volunteer at GHS
- Paul McDonald 1958
Chief Probation Officer-Retired
- Rose-Marie (Alex) Bassett 1959
HS Paraprofessional-Retired
- William F. Bassett, Jr. 1959
HS Art Teacher, HS-Retired
- Assistant & Principal at GHS
- Edward "Skip" Hammond 1959
Founder of GBI Marketing-Retired
- Neal Owen Graves 1960
Accounting Firms, Retired
- Len Remaly 1960
Retired Chemical Company worker
- Monsignor John Sweeley 1961
Theologian and Writer
- Dr. Phil Grisé 1965
Professor - Florida State Univ.
- William Phelps 1965
Former Vet.'s Job Counselor-Retired
- Christopher Ethier 1966
Owner/Operator-Bicycle World
- Cheryl (Harvey) Misch 1966
GHS History Teacher-Retired
- Harold L. Shattuck, Jr. 1966
US Marine/Deceased
- Dean Tatro 1969
Business Owner/New Zealand
- Andie (McGahan) Drew 1970
GHS Para-Professional
- Michael Maleno 1971
ROV Technologies
- Christian Jacobs 1972
GHS History Teacher
- Jane (Kowalski) Smith 1973
HS Nurse
- Barbara Ferrante 1975
Investigator/Fed.Inv.Service/Boston

- Donna Woodcock 1976
GHS Principal
- Lisa (Rucci) Dusell 1977
Para-Professional at GHS
- Kathleen Merrigan 1978
Dir. Of Agriculture
- Lisa (Facey) Moore 1981
GHS Phys.Ed./Health Teacher
- Timothy Kenny 1981
Portfolio Mgr.-Babson Capital
Management
- Nancy Walsh 1983
Stage & Film Performer in NYC
- Michael Kuchieski 1984
GHS Athletic Director
- Bobby Campbell 1985
DJ Business and Radio Announcer
- Michael S. Johnson 1985
Asst. VP Greenfield Coop.Bank
in Financial Services
- Bill Bomtempo 1986
Dentist
- Tara (Phelps) Cloutier 1988
GHS Spanish Teacher
- Timothy Farrell 1989
F.W.Farrell Insurance Agency,
City Council Member
- Patrick Garland 1989
GHS English Teacher
- Kenneth Fortin 1990
GHS Building Monitor
- Jed McColgan 1991
Sergeant, U.S. Army
- Maura McDonald 1993
Assistant Probation Officer
- Angela (DeSanty) Mass 1995
GHS Math Teacher
- Nils Taylor 1998
Filmmaker-Calif.

Mr. Barry McColgan, who retired on November 1, 2010, and Mr. Pat Garland, English teacher, contributed much time to this program since the beginning. Any GHS graduate of ten or more years and who would like to be part of this program, should pick up an application form from Betty at the high school office or call her at 413-772-1350 Ext. 111 and she will be glad to mail you the materials. You do not need to be a GHSAA member to be part of this program.